## Nirmala Memorial Foundation College of Commerce and Science

NMFC/DEP-256 /DEC2024

20th December 2024

## **NOTICE**

Department of BSc.IT/BSc.Cs is organising World Meditation Day for students of FY.BSc (IT & CS) on Friday, 21<sup>st</sup> December, 2024 at 11:00 a.m in Block no-601

A session will be conducted by expert Ms.Jignasa Pandya-Art of Living Faculty.

Hence, we encourage all students to actively participate in this session and embrace the path to a healthier and happier life through meditation. Please come dressed comfortably in appropriate attire for session.

John J.

(Vice-Principal)